

Student Name: _____

Date: _____

	GWPDC- C!
Goal	
Why?	
Plan Consider: TIME OBJECTS PEOPLE PLACE OBSTACLES (TOPPO!)	
Do	
Check- 1) What parts of the plan worked? 2) What parts didn't work? 3) Were there any obstacles I didn't anticipate?	
Consider- What would I do differently next time?	



Things to remember:

The **PLAN** should be as specific as possible, considering TIME, OBJECTS, PEOPLE, PLACE and OBSTACLES (TOPPPO) Elements. This maps out necessary executive function components for the future to ideate and consider, while practicing the skill of obstacle anticipation.

The **CHECK** should be as *NEUTRAL* as possible about what did/didn't work within the plan and being mindful of labels (good, bad, horrible, etc)- we are developing SELF COACHING skills with this framework and neutralization keeps us focused on the goal and the plan!

Use Symbols that make sense for your child/learner- some brains may benefit from real pictures/pictures and others may benefit from text.

